

January 2021

Group Services Online Virtual Programs Using Microsoft Teams

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 WOMEN2WOMEN (Open Discussion) 1:00pm - 2:00pm	5	6	7 GET MOVING 10:30am - 11:00am THEME THURSDAY (Name That Tune) 1:00pm - 2:00 pm	8 CREATIVE EXPRESSION (Line Art) 10:30am - 11:00am VIRTUAL FRIDAYS (Family Feud) 6:00—7:00
11 WOMEN2WOMEN (New Year, New You) 1:00pm - 2:00pm	12	13	14 GET MOVING 10:30am - 11:00am THERAPEUTIC THURSDAY (2020 Recap) 1:00pm - 2:00pm	15 CREATIVE EXPRESSION (What's in Your Snowglobe) 10:30am - 11:00am
18 WOMEN2WOMEN (Courage) 1:00pm - 2:00pm	19 MUSIC THERAPY 1:30pm—2:30 pm	20	21 GET MOVING 10:30am - 11:00am THEME THURSDAY (January Jeopardy) 1:00pm - 2:00 pm	22 CREATIVE EXPRESSION (Past, Present, Future) 10:30am - 11:00am VIRTUAL FRIDAYS (Who's Line is it Anyways) 6:00—7:00
25 WOMEN2WOMEN (Social Worker: Managing the Winter Blues) 1:00pm - 2:00pm	26	27 CLINIC WEDNESDAY Consent—It Takes all of Us 10:30am - 11:00am	28 GET MOVING 10:30am - 11:00am THERAPEUTIC THURSDAY (Motivation) 1:00pm - 2:00pm	29 CREATIVE EXPRESSION (Winter Painting) 10:30am - 11:00am

TO JOIN A VIRTUAL PROGRAM
PLEASE CONTACT THE GROUP
STAFF LISTED BELOW:

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Head Injury
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