





MARCH 2023—A Night at the Movies

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY					
<div><div>Head Injury Rehabilitation Ontario</div><div>A Promise of Hope After ABI</div></div>				1		2		3					
				<div><div><div><u>VIRTUAL GET MOVING</u></div><div>10:00am - 10:30am (Seated Dance)</div></div><div><div><u>VIRTUAL CHECK IN & CHAT</u></div><div>10:30am - 11:00am</div></div><div><div><u>VIRTUAL TRIVIA</u></div><div>2:00pm - 3:00pm (March Jeopardy)</div></div><div><u>**Note Time Change for Program**</u></div></div>		<div><div><div>THEME THURSDAY</div><div>Open Discussion</div><div>10:00am - 12:00pm</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 1:00pm</div></div><div><div>GET MOVING</div><div>1:00pm - 1:30pm</div></div><div><div>FEEL THE MUSIC - Name That Tune</div><div>1:30pm - 2:00pm</div></div><div><div>DROP-IN</div><div>2:00pm - 3:00pm</div></div></div>		<div><div><div>CREATIVE EXPRESSION</div><div>PROJECT: Watercolour art</div><div>10:00am - 12:00pm</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 1:00pm</div></div><div><div>DRUMMING HEART BEATS</div><div>1:00pm - 3:00pm</div></div><div><div><div>VIRTUAL FRIDAY NIGHT</div><div>Guess the Movie</div><div>6:00pm—7:00pm</div></div><div></div></div></div>					
6		7		8		9		10					
<div><div><div>SHORT STORY REFLECTION</div><div>10:00am - 12:00pm</div><div>Drop-In to follow Story</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 1:00pm</div></div><div><div>WOMEN2WOMEN</div><div>1:00pm -2:30pm</div><div>Focus: Open Discussion</div></div><div><div>BULLDOGS VOLUNTEERING</div><div>1:30pm - 2:30pm (Meet at 101 York St.)</div><div>MUST SIGN UP WITH STAFF</div></div></div>		<div><div><div>CLIENT MEETING</div><div>10:00am - 11:00am</div></div><div><div>FAMILY & FRIENDS EVENT - VIRTUALLY</div></div><div><div>PEER PRESENTATION</div><div>Animation with Kevin</div><div>11:00am - 12:00 pm</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 12:30pm</div></div><div><div>BOWLING @ MOUNTAIN LANES</div><div>(335 Upper Wentworth—Meet Group At Bowling)</div><div>1:30pm - 2:30pm</div><div>\$9.00 for bowling & shoes</div></div></div>		<div><div><div>VIRTUAL GET MOVING</div><div>10:00am - 10:30am (Seated Yoga)</div></div><div><div>VIRTUAL CLINIC WEDNESDAY</div><div>11:00am - 11:30am</div><div>Nursing Presentation with Sonia "Water and Hydration"</div></div><div><div>VIRTUAL VACATIONS</div><div>1:00pm - 2:00pm (Ireland)</div></div></div>		<div><div><div>THEME THURSDAY</div><div>Hollywood Glam</div><div>10:00am - 12:00pm</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 1:00pm</div></div><div><div>GET MOVING</div><div>1:00pm - 1:30pm</div></div><div><div>FEEL THE MUSIC—Karaoke</div><div>1:30pm - 2:00pm</div></div><div><div>DROP-IN</div><div>2:00pm - 3:00pm</div></div><div><div>CASE COORDINATION (Jessica Bagu)</div><div>1:00pm -3:00pm</div></div></div>		<div><div><div>CREATIVE EXPRESSION</div><div>PROJECT: Film Real Expression</div><div>10:00am - 12:00pm</div></div><div><div>BRING YOUR OWN LUNCH @ GROUP</div><div>12:00pm - 1:00pm</div></div><div><div>DRUMMING HEART BEATS</div><div>1:00pm - 2:00pm</div></div><div><div><div>VIRTUAL FRIDAY NIGHT</div><div>Disney Movie Extravaganza</div><div>6:00pm—7:00pm</div></div><div></div></div></div>					
<div><div><div>For Information, Contact a GROUP STAFF</div><div><div><div>Beth Astles</div><div>Recreation Therapist</div><div>(Cell Phone: 905-977-7589)</div><div>bastles@hiro.ca</div></div><div><div>Jeff Peters</div><div>Case Facilitator</div><div>(Cell Phone: 905-977-9550)</div><div>jpeters@hiro.ca</div></div><div><div>Ashley Everets</div><div>Recreation Therapist</div><div>(Cell Phone: 905-973-1906)</div><div>aeverets@hiro.ca</div></div></div></div></div>										<div><div><div>CALENDAR LEGEND</div><div><div><div>COMMUNITY PROGRAM</div></div><div><div>VIRTUAL PROGRAM</div></div><div><div>CASE COORDINATION</div></div><div><div>Both Virtual & In-PERSON</div><div></div></div></div></div></div>			

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 SHORT STORY REFLECTION 10:00am - 12:00pm <i>Drop-In to follow Story</i> BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm WOMEN2WOMEN 1:00pm - 2:30pm <i>Focus: Luck</i>  BULLDOGS VOLUNTEERING 1:30pm - 2:30pm (Meet at 101 York St.) MUST SIGN UP WITH STAFF	14 CELEBRITY TRIVIA 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 12:30pm SPRING TIDE BULB SHOW <i>(Gage Park Greenhouse)</i> FREE Admission 1:30pm - 2:30pm <i>Meet Group at 12:30 to take the bus</i>	15 VIRTUAL GET MOVING 10:00am - 10:30am <i>(Seated Dance)</i> VIRTUAL CHECK IN & CHAT 10:30am - 11:00am VIRTUAL CREATIVE EXRESSIONS 1:00pm - 2:00pm <i>(Shamrock Art)</i>	16 THEME THURSDAY St. Patrick's Day & Shamrock Planting 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm GET MOVING 1:00pm - 1:30pm FEEL THE MUSIC - Name That Tune 1:30pm - 2:00pm DROP-IN 2:00pm - 3:00pm CASE COORDINATION (Jessica Bagu) 1:00pm - 3:00pm	17 CREATIVE EXPRESSION <i>PROJECT: Shamrock Art</i> 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm DRUMMING HEART BEATS 1:00pm - 3:00pm VIRTUAL FRIDAY NIGHT <i>St. Patrick's Day Social</i> 6:00pm—7:00pm 
20 SHORT STORY REFLECTION 10:00am - 12:00pm <i>Drop-In to follow Story</i> BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm WOMEN2WOMEN 1:00pm - 2:30pm <i>Focus: Movie Features</i>	21 SPRING HAS SPRUNG CELEBRATION 10:00am—12:00pm <i>(Games, Art and Activities)</i> PIZZA LUNCH @ GROUP (\$5.00) 12:00pm - 1:00pm BINGO @ GROUP 1:00pm - 2:00pm DROP IN 2:00pm—3:00pm	22 VIRTUAL GET MOVING 10:00am - 10:30am <i>(Seated Yoga)</i> VIRTUAL CHECK IN & CHAT 10:30am - 11:00am VIRTUAL TRIVIA 1:00pm - 2:00pm <i>(Guess the Celebrity)</i>	23 THEME THURSDAY <i>Movie Morning @ Group</i> 10:00am - 12:00pm GET MOVING 1:00pm - 1:30pm FEEL THE MUSIC - Karaoke 1:30pm - 2:00pm DROP IN 2:00pm - 3:00pm CASE COORDINATION (Jessica Bagu) 1:00pm - 3:00pm	24 CREATIVE EXPRESSION <i>PROJECT: DIY Movie Posters</i> 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm DRUMMING HEART BEATS 1:00pm - 3:00pm VIRTUAL FRIDAY NIGHT Family Feud—Spring Edition 6:00pm—7:00pm 
27 SHORT STORY REFLECTION 10:00am - 12:00pm <i>Drop-In to follow</i> BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm WOMEN2WOMEN 1:00pm - 2:30pm <i>Focus: Let's Get Creative</i> 	28 BRAIN WORK OUT 10:00 - 12:00 CLIENT SAFETY PRESENTATION 11:00am - 12:00 pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm MUSIC THERAPY @ GROUP <i>Join Kristen Anderson for live music</i> 1:00 - 2:00 DROP-IN 2:00pm - 3:00pm	29 VIRTUAL MUSIC TRIVIA 1:00pm - 2:00pm <i>(Name the Movie Soundtrack)</i>	30 THEME THURSDAY Sports & JERSEY DAY <i>*Celebrate Opening Day for Baseball and participate in a variety of Sports</i> 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm GET MOVING 1:00pm - 1:30pm FEEL THE MUSIC - Name That Tune 1:30pm - 2:00pm CASE COORDINATION (Jessica Bagu) 1:00pm - 3:00pm	31 CREATIVE EXPRESSION <i>PROJECT: Pour Painting</i> 10:00am - 12:00pm BRING YOUR OWN LUNCH @ GROUP 12:00pm - 1:00pm FUN FRIDAYS <i>Connect 4 Bounce</i> 1:00pm - 3:00pm VIRTUAL FRIDAY NIGHT Lucky Strengths 6:00pm—7:00pm  BRANTFORD GROUP 1:30pm - 3:00pm Focus: Movie Fun Facts Brantwood Community Services