






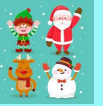


# December 2024 - Holiday Celebrations

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p>  <p><b>HOLIDAY PARTY</b></p> <p><b>11:30am - 2:30pm</b></p> 	<p><b>3</b></p> <p><b>Client Meeting</b> 10:00am-11:00am</p> <p><b>*HIRO Elf is out*</b></p> <p><b>Paint By Number</b> 11:00am - 12:00pm</p> <p><b>LUNCH @ GROUP (Group DROP-IN)</b></p> <p>Meal: Soup and Sandwich \$5.00</p> <p>12:00pm - 1:00pm</p> <p><b>Gore Park Tree Outing</b></p> <p>1:00pm - 3:00pm</p> <p><i>*Grab your hot chocolate and attend the tree lights outing</i></p>	<p><b>4</b></p> <p><b>GROUP CLOSED FOR THE DAY</b></p>	<p><b>5</b></p> <p><b>THEME THURSDAY</b></p> <p><i>Snowflake Craft and Discussion</i></p> <p>10:00am - 12:00pm</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b></p> <p>12:00 - 1:00pm</p> <p><b>GET MOVING - Holiday Edition</b></p> <p>1:00pm - 1:30pm</p> <p><b>FEEL THE MUSIC</b></p> <p>1:30pm - 2:00 pm (Name that tune)</p> <p><b>DROP-IN</b></p> <p>2:00pm - 3:00pm</p>	<p><b>6</b></p> <p><b>CREATIVE EXPRESSION</b></p> <p>Holiday Tree Art</p> <p>10:00am - 12:00pm</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b></p> <p>12:00pm - 1:00pm</p> <p><b>Fun Fridays - Boardgame Cafe</b></p> <p>1:00pm - 3:00pm</p> <p><b>BRANT GROUP</b></p> <p>1:00pm - 3:00pm - Ornament creations</p> <p><b>VIRTUAL FRIDAY NIGHT</b></p> <p>Iditarod Sled Dog Race</p> <p>6:00pm—7:00pm</p> 
<p><b>9</b></p> <p><b>*Men2Men and Women2Women are being held at the MSE room at Mohawk College</b></p>  <p><b>MEN2MEN</b></p> <p>10:00am - 11:30am</p> <p><i>Focus: Thought Provoking Questions</i></p> <p><i>*At MSE Mohawk College</i></p> <p><b>WOMEN2WOMEN</b></p> <p>1:00pm - 2:30pm</p> <p><i>Focus: Winter leisure discussion and snowflake décor</i></p> <p><i>*At MSE Mohawk College</i></p> 	<p><b>10</b></p> <p><b>BOWLING @ MOUNTAIN LANES</b></p> <p><i>(335 Upper Wentworth - Meet Group At Bowling)</i></p> <p>10:30am—11:30am</p> <p><b>\$10.00 for bowling &amp; shoes</b></p>  <p><b>LUNCH @ GROUP (Group DROP-IN)</b></p> <p>Meal: <i>Chicken, mixed veggies &amp; pasta</i></p> <p><b>\$5.00</b></p> <p>12:00pm-1:00pm</p> <p><b>December Jeopardy</b> 1:00-1:30pm</p> <p><b>Holiday memory discussion</b></p> <p>1:30pm-2:00pm</p> <p><b>Where is the HIRO Elf?</b></p> <p><b>Drop-in</b> 2:00pm-3:00pm</p>	<p><b>11</b></p> <p><b>VIRTUAL GET MOVING</b></p> <p>10:00am - 10:30am</p> <p><i>(Seated Yoga)</i></p> <p><b>VIRTUAL TOUR</b></p> <p>10:30am - 11:30am</p> <p><i>(Christmas Tour - Canadian Edition)</i></p>	<p><b>12</b></p> <p><b>THEME THURSDAY</b></p> <p>Baking Challenge - Sugar cookies</p> <p>10:00am - 12:00am</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b></p> <p>12:00pm - 1:00pm</p> <p><b>GET MOVING - Holiday Edition</b></p> <p>1:00pm—1:30pm</p> <p><b>FEEL THE MUSIC</b></p> <p>1:30pm - 2:00pm (Karaoke)</p> <p><b>DROP IN</b></p> <p>2:00pm—3:00pm</p>	<p><b>13</b></p> <p><b>CREATIVE EXPRESSION</b></p> <p><i>DIY Holiday Gift Workshop</i></p> <p>10:00am - 12:00pm</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b></p> <p>12:00pm - 1:00pm</p> <p><b>Fun Fridays - Leisure Pictionary</b></p> <p>1:00pm - 3:00pm</p> <p><b>NIAGARA GROUP</b></p> <p>1:00pm - 3:00pm - Ornament creations</p> <p><b>VIRTUAL FRIDAY NIGHT</b></p> <p><i>Best Holiday Movie's Review</i></p> <p>6:00pm—7:00pm</p>  

**For Information, Contact a GROUP STAFF**

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## CALENDAR LEGEND

**COMMUNITY PROGRAM**

**VIRTUAL PROGRAM**














**Both Virtual & In-PERSON**



**BRANT PROGRAM**

**NIAGARA GROUP**

# December 2024 - Holiday Celebrations

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>16</b></p> <p><b>MEN2MEN</b> 10:00am - 11:30am <i>Focus: Holiday Traditions</i></p>  <p><b>WOMEN2WOMEN</b> 1:00pm - 2:30pm <i>Focus: Warm Fuzzies</i></p> 	<p><b>17</b></p> <p><b>Holiday Bingo @Group</b> 10:00am - 12:00pm</p>  <p><b>LUNCH @ GROUP (Group DROP-IN)</b> <u>Meal: Ham, Stuffing, Mixed Veggies, &amp; Gravy \$5.00</u></p> <p><b>Holiday Music Therapy with Kristen - With Hot Chocolate</b> 1:00-2:00 pm</p> <p><b>Have you found the HIRO Elf</b></p> <p><b>Drop-in</b> 2:00 pm - 3:00pm</p>	<p><b>18</b></p> <p><b>GROUP CLOSED FOR THE DAY</b></p>	<p><b>19</b></p> <p><b>THEME THURSDAY</b> <i>Holiday Jeopardy and Art</i> 10:00am - 12:00pm</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b> 12:00pm - 1:00pm</p> <p><b>GET MOVING - Holiday Edition</b> 1:00pm - 1:30pm</p> <p><b>FEEL THE MUSIC</b> 1:30pm - 2:00pm (Name that tune)</p> <p><b>DROP-IN</b> 2:00pm - 3:00pm</p>	<p><b>20</b></p> <p><b>CREATIVE EXPRESSION</b> <i>Christmas Movie Character Art</i> 10:00am - 12:00pm</p>  <p><b>BRING YOUR OWN LUNCH @GROUP</b> 12:00pm - 1:00pm</p> <p><b>Fun Fridays - Holiday Movie Day</b> 1:00pm - 3:00 pm</p> <p><b>BRANT GROUP</b> 1:00pm - 3:00pm - Making Lemon Bars</p> <p><b>VIRTUAL FRIDAY NIGHT</b> <i>The History of Christmas Trees</i> 6:00pm—7:00pm</p> 
<p><b>23</b></p> <p><b>MEN2MEN</b> 10:00am - 11:30am <i>Focus: Holiday Cheer Social</i></p>  <p><b>WOMEN2WOMEN</b> 1:00pm - 2:30pm <i>Focus: Season of Giving Discussion And eats</i></p> 	<p><b>24</b></p> <p><b>Hot chocolate social &amp; Holiday movie</b> 10:00am - 12:00pm</p> <p><b>Last call for finding the HIRO Elf</b></p> 	<p><b>25</b></p> <p><b>26</b></p> <p><b>GROUP CLOSED FOR THE HOLIDAY'S</b></p> 	<p><b>27</b></p> <p><b>CREATIVE EXPRESSION - DIY wall calendar</b> 10:00am - 12:00pm</p> <p><b>BRING YOUR OWN LUNCH @ GROUP</b> 12:00pm - 1:00pm</p> <p><b>Fun Fridays - Jeopardy - 1:00pm - 3:00 pm</b></p> <p><b>NIAGARA GROUP</b> 1:00pm - 3:00pm - Making Lemon Bars</p> <p><b>New Year's Eve Celebration</b> <i>Join us for an In-Person Celebration to start off the New Year - 5:00 - 7:00pm</i> <i>DINNER: Chinese Food *COST: \$10.00</i></p>	
<p><b>30</b></p> <p><b>MEN2MEN</b> 10:00am - 11:30am <i>Focus: New Years Resolutions</i></p>  <p><b>WOMEN2WOMEN</b> 1:00pm - 2:30pm <i>Focus: New Years Celebratgion</i></p> 	<p><b>31</b></p> <p><b>New Year's Discussion and Art</b> 10:00am - 12:00pm</p> <p><b>LUNCH @ GROUP (Group DROP-IN)</b> 12:00pm-1:00pm</p> <p><u>Meal: Omelette's and fruit bowl \$5.00</u></p> 	 <p>Head Injury Rehabilitation Ontario</p> <p><b>All Programming Listed on the Group Calendar is for Registered Clients of Head Injury Rehabilitation Ontario. Please Contact a GROUP Staff Listed below for more information</b></p>		