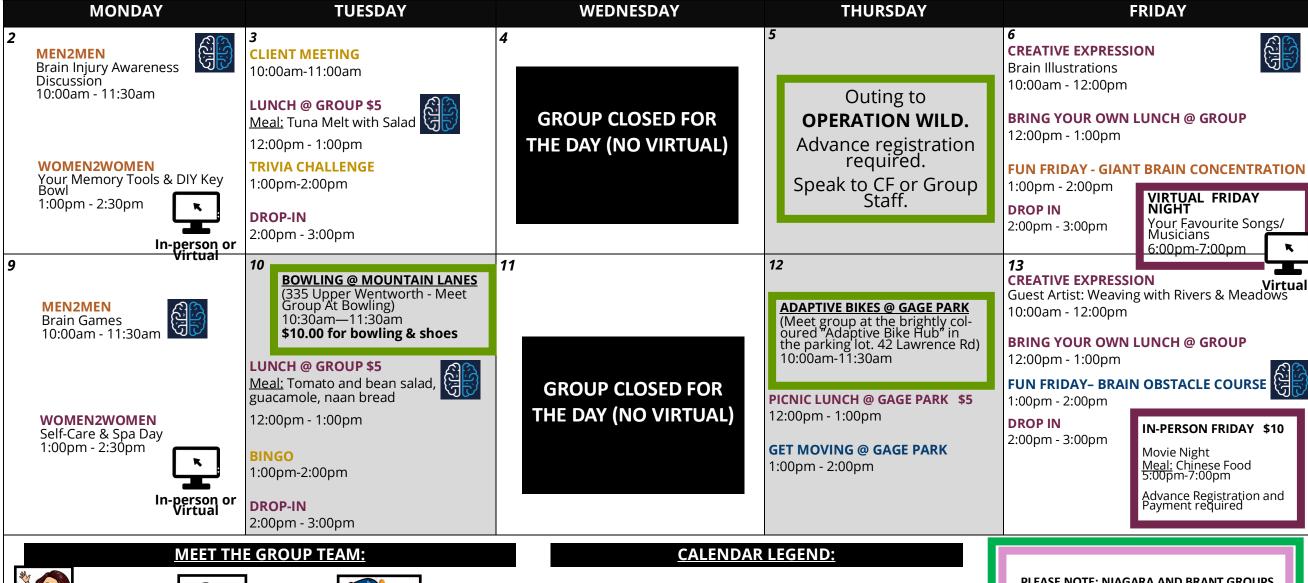
# June 2025—Brain Injury Awareness



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leff Peters Case Facilitator 905-977-9550

**SOCIAL** 

**PROGRAM** 

COMMUNITY **OUTTING** 

**PHYSICAL PROGRAM**  COGNITIVE/ PROGRAM

PLEASE NOTE: NIAGARA AND BRANT GROUPS ARE CLOSED, UPDATES WILL BE SENT WHEN AVAILABLE. CONTACT GROUP STAFF FOR MORE DETAILS.

**EDUCATIONAL** 

## **June 2025— Brain Injury Awareness**



**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** 18 16 MEN2MEN **CREATIVE EXPRESSION BRAIN WORKOUT** THEME THURSDAY Celebrate YOU! HIRO Counsellor Presents: Identity and Acceptance Clay Art: Sculpt a Brain 10:00am—12:00pm 10:00am - 11:30am 10:00am - 12:00pm 10:00am - 12:00pm **BRING YOUR OWN LUNCH @ GROUP LUNCH @ GROUP \$5 BRING YOUR OWN LUNCH @ GROUP** 12:00pm - 1:00pm **GROUP CLOSED FOR** Meal: Vegetarian Chilli with Cornbread **WOMEN2WOMEN** 12:00pm - 1:00pm Summer Social **FUN FRIDAY— FOOD TO FUEL YOUR BRAIN** 12:00pm - 1:00pm THE DAY (NO VIRTUAL) 1:00pm - 2:30pm 1:00pm - 2:00pm **GET MOVING/KARAOKE DROP IN** 1:00pm - 2:00pm VIRTUAL FRIDAY NIGHT 2:00pm - 3:00pm In-person or Virtual **GROUP CLOSED DROP IN** Summer Leisure 2:00pm - 3:00pm Discussion @ 1PM 6:00pm - 7:00pm 23 24 25 Virtual THEME THURSDAY **CREATIVE EXPRESSION** Multiculturalism Day **MEN2MEN** Canada Day Craft 10:00am - 12:00pm How do YOU do it? DAY OF HIROS @ BATTLEFIELD PARK 10:00am - 12:00pm 10:00am - 11:30am **LUNCH @ GROUP \$5 GROUP CLOSED FOR** LUNCH @ GROUP \$5 Meal: Pizza with salad Meal: Tastes of the World \*\*REGISTRATION REQUIRED\*\* THE DAY (NO VIRTUAL) 12:00pm - 1:00pm **WOMEN2WOMEN** 12:00pm - 1:00pm Share and Tell **FUN FRIDAY— TRIPLE C FARM @ GROUP** 1:00pm - 2:30pm **INDIGENOUS LEARNING** 1:00pm - 2:00pm 1:00pm - 2:00pm **IN-PERSON FRIDAY** \$10 MEET GROUP @ **DROP IN** MANCALA MONK BOARDGAME CAFE In-person or Virtual 2:00pm - 3:00pm (1229 Cannon St. East) 5pm-7pm 30

## **MEN2MEN**

Songs That Inspire and Motivate You 10:00am - 11:30am

### **WOMEN2WOMEN**

Canada Day Discussion and Craft 1:00pm - 2:30pm









JUNE 27

