



Casey Danton Recreation **Therapist** 905-327-9939



Danielle **Catterall** Program Facilitator



leff Peters Case Facilitator 905-977-9550

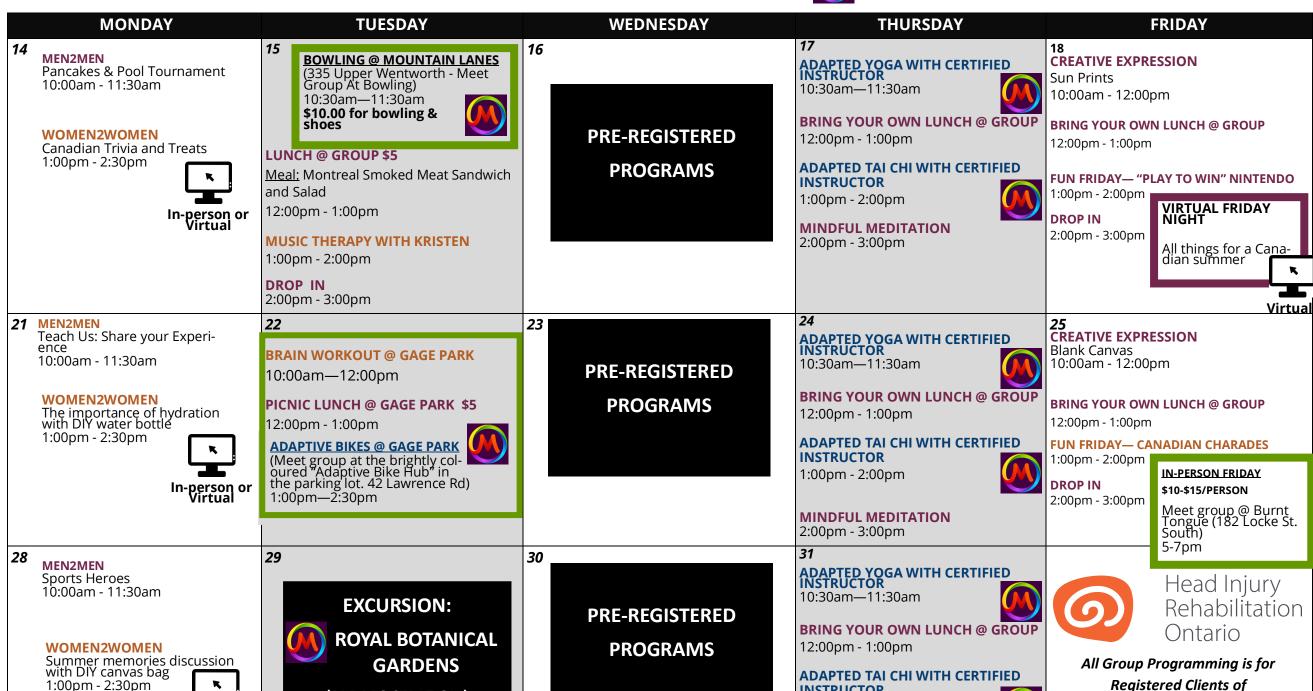
COMMUNITY SOCIAL **PROGRAM OUTTING**

COGNITIVE/ **PHYSICAL EDUCATIONAL PROGRAM** PROGRAM

ARE CLOSED, UPDATES WILL BE SENT WHEN

AVAILABLE. CONTACT GROUP STAFF FOR MORE DETAILS.

July 2025— Let's Move



(PRE-REGISTRATION)

In-person or Virtual

INSTRUCTOR

1:00pm - 2:00pm

2:00pm - 3:00pm

MINDFUL MEDITATION

Head Injury Rehabilitation Ontario.